

# My Five Senses

Touch, Taste, Sight, Smell and Hearing



## Seven Areas of Learning

Comm & Language	Physical Development	PSED	Literacy	Mathmatics	Understanding World	Arts and Design
New Language	Themed Playdough	Talk about what our senses are and how we use them	Library visit for new topic books	Sense number puzzles	Set up a role play area	Fancy dress
Sound out new words and clap the syllables	Dance to the music	Lie on ground quietly and really listen for 1 min, share what heard	Read books and poems	Senses pompom colour sorting	Small world set ups with open ended resources to explore	Cling film sensory art
Create a display board and discuss its contents	Sensory walk along different textured surfaces	Listen to different music and talk about how it makes us feel	Sing songs	Sensory tray - Sorting, scooping, measuring, pouring	Sensory table	Music - Make your own maraccas
Rhyme Time Bag	Taste test foods	Talk about people wth disabilities; blind, deaf	Mark making colouring sheets	Counting game - How many eys, ears, nose, fingers, teeth etc	How do we look after our senses - opticians, doctors, dentists, etc	Experiment with loud and quiet sounds
Create rhyming words for our senses	Sensory obstacle course	Talk about using our senses to stay safe; strangers, crssing road	That's not my - sensory books	Playroom treasure hunt - 'can you find' matching	Experiment - Colour transfer from glasses using kitchen towel	Crafts
Describe how things feel	Blindfold games	Talk about our favorite foods, smells, music	Follow a recipe to bake cakes	Sort by size game	You Tube an eye test, dentist check up	Yoghurt paints with fingertips
Look at each others eyes and describe the colours you see	Guess the smell game	What should we expect from a visit to the doctors/dentists/etc	Mark making in a rice/flour tray	Colour by number sheets	Take photos of things we like to see/hear/smell/taste	Craft - Make your own person from cut out body part shapes